

# KIDS & COVID-19

HOW TO REDUCE THE SPREAD OF CORONAVIRUS.

Wear a mask  
in public.

Stay home  
when you are  
sick.

Wash your  
hands often -  
for at least 20  
seconds.

Do not touch  
surfaces then  
your nose,  
mouth or eyes

Use tissue when  
you cough or  
sneeze &  
dispose of it

Practic social  
distancing by  
not shaking  
hands,  
hugging, etc.

